



## Dilip Chauhan Introduces Indian Heritage

Community leaders and Indian Dy CG attend Nassau Veterans Coliseum game as Indian groups perform before the game – Prime Time and at half-time, it's such a great occasion for Indian Community to be a part of major basketball game at Nassau Coliseum. In a unique display of "Bollyball diplomacy", Dilip Chauhan, the former Deputy Comptroller of Nassau County, and Co-Chair Raj Shah created history recently by organizing an event where India's cultural prowess, especially the Indian cultural performances was on full display and the Indian community showed their commitment to a mainstream game. The event, Indian Heritage Night, was held on Wednesday, February 27, at NYCB LIVE's Nassau Veterans Memorial Coliseum on Long Island, where -- for the first time -- Indian community was invited to jointly participate at a major basketball game between two big teams -- Long Island Nets and Delaware Blue Coats. It was the first time in the history of basketball in Nassau Coliseum that Indian groups performed at the Prime Time as well as during the half-time as Nassau Veterans Coliseum gave a special permission to the media to cover the Indian segments of the event.



**Dilip Chauhan**

Deputy Comptroller Nassau County  
New York

Indians are rare as an audience at the Coliseum. But on this day a large number of community members people turned out to watch the game and celebrate Indian culture as colorful clothes made the young children look like cultural ambassadors of India while a massive audience applauded their performance at the arena.

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## Christchurch mosque attacks: Narendra Modi writes to New Zealand PM Jacinda Ardern, expresses India's solidarity

### Christchurch shootings: 49 dead in New Zealand mosque attacks

Forty-nine people have been killed and 48 wounded in shootings at two mosques in Christchurch, New Zealand, in the nation's deadliest attack.

Prime Minister Jacinda Ardern described it as a terrorist attack and one of New Zealand's "darkest days". A gunman identifying himself as an Australian live-streamed the rampage at Al Noor mosque to Facebook. He had espoused racist, anti-immigrant views. Police say a man in his late 20s has been arrested and charged with murder. Two other men and one woman were also detained. No names have been made public. Firearms and explosive devices were recovered, Police Commissioner Mike Bush said.

The gunman live-streaming the attack from a head-mounted camera said he was a 28-year-old Australian called Brenton Tarrant. The footage showed him firing at men, women and children from close range inside the Al Noor mosque.

Facebook said it had removed the suspect's Facebook and Instagram accounts and was working to remove any copies of the footage. The live-stream of the attack lasted for 17 minutes.



The suspect who was charged appeared to have published a document online outlining his intentions as well as details about the plan for the attack. He is due in court on Saturday.

Australian Prime Minister Scott Morrison described the man as an "extremist, right-wing" terrorist. New Zealand Police Commissioner Bush confirmed that the man had not been known in advance to either New Zealand or Australian security services.

Source - BBCNEWS



## Lok Sabha Election 2019:

Criticism of poll dates coinciding with Ramzan shows Opposition keener on making excuses for failure than beating BJP

The Election Commission's announcement of dates for the Lok Sabha election 2019 has officially announced the greatest show on earth. The numbers are mind-boggling. According to the Chief Election Commissioner, the seven-phase elections that kick off from 11 April (before results are announced on 23 May), will involve 900 million voters.

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<p>Tuesday                  March 19, 2019                  6:00 PM – 9:00 PM</p>		<p>The 2019 New York City Wellness Summit:  <b>An Inspirational Evening of Learnin...</b>                  The Rockefeller University, 1230 York Avenue, New York</p>
<p>Friday                  March 22, 2019                  7:30 PM</p>		<p><b>Natasha Leggero and Moshe Kasher</b>                  The Bell House, 149 7th Street, (Between 2nd and 3rd Ave)                  Brooklyn, NY 11215</p>
<p>Saturday                  March 23, 2019                  1:00 PM – 6:00 PM</p>		<p><b>Witching Herbs Plant Market</b>                  Catland, 987 Flushing Ave, Brooklyn, NY 11206</p>
<p>Saturday                  March 23, 2019                  12:00 PM</p>		<p><b>Dessert Goals - Dessert Fest</b>                  Sound River Studios, 4-40 44th Drive, Queens, NY 11101</p>
<p>Sunday                  March 24, 2019                  10:00 AM – 5:30 PM</p>		<p><b>NYC Craft Pop-up</b>                  Grand Bazaar NYC, 100 West 77th Street, New York, NY 10024</p>
<p>Sunday                  March 24, 2019                  2:00 PM – 7:00 PM</p>		<p><b>Growing Glass</b>                  Brooklyn Glass, 142 13th Street, Brooklyn, NY 11215</p>
<p>Monday                  March 25, 2019                  7:00 PM – 9:00 PM</p>		<p><b>The Burger Supremacy 2019!</b>                  VSPOT Organic, 12 Saint Marks Place, New York</p>
<p>Wednesday                  March 27, 2019                  6:00 PM</p>		<p><b>Affordable Art Fair NYC Spring 2019</b>                  Metropolitan Pavilion, 125 West 18th Street, New York</p>
<p>Saturday                  March 30, 2019                  12:00 PM – 1:00 PM</p>		<p><b>DeepBeats: Deep House Yoga</b>                  House of Yes, 2 Wyckoff Avenue, Brooklyn, NY 11237</p>
<p>Saturday                  March 30, 2019                  3:30 PM – 4:30 PM</p>		<p><b>Fitbit Local Bootcamp &amp; Boxing</b>                  W New York - Downtown, 8 Albany Street, New York</p>
<p>Sunday                  March 31, 2019                  06:00 PM</p>		<p><b>Brick Fest Live!</b>                  New York Hall of Science, 47-01 111th Street,                  Corona, NY 11368</p>

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## Christchurch mosque attacks: Narendra Modi writes to New Zealand PM Jacinda Ardern, expresses India's solidarity

New Delhi: Expressing "deep shock" over killings of scores of people in the Christchurch terror attack, Prime Minister Narendra Modi on Friday said hatred and violence have no place in diverse and democratic societies, and expressed India's solidarity with the people of New Zealand at this difficult time.

In a letter to New Zealand prime minister Jacinda Ardern, Modi also stressed India's strong condemnation of terrorism in all its forms and manifestations, and of all those who support such acts of violence, the External Affairs Ministry said in an official release.

At least 49 worshippers were killed in attacks on the Al Noor Mosque in central Christchurch and the Linwood Mosque in the city's suburb, seen as one of the worst attacks on Muslims in that country.

Observing that according to unofficial reports nine Indians are missing since the attack, a source said that due to certain processes involved, official confirmation about Indian casualties may take a while to come in.

In his letter, Modi offered heartfelt prayers for the speedy recovery of the injured and underscored India's solidarity with the "friendly people of New Zealand at this difficult time".

The prime minister has expressed his deep shock and



File image of Prime Minister Narendra Modi. AP

sadness at the loss of scores of innocent lives in the heinous terrorist attack at the places of worship in Christchurch, the release said.

"The prime minister stressed India's strong condemnation of terrorism in all its forms and manifestations, and of all those who support such acts of violence. He stressed that hatred and violence have no place in diverse and democratic societies," it added.

Modi also expressed his deepest condolences to the bereaved families in the dastardly attack.

Earlier, the MEA said its high commission is in touch with local authorities for more information and was ascertaining more details about the possibility of Indians being affected by the terror attacks.

"Our mission is in touch with local authorities to ascertain more details. It is a sensitive matter and therefore we can't give confirmed numbers/names till we are absolutely certain," MEA spokesperson Raveesh Kumar said.

Meanwhile, MP Asaduddin Owaisi, President of All India Majlis-E-Ittehadul Muslimeen Party, said an Indian has been shot at in the incident.

India's High Commission said that any Indian national affected by the attacks can contact it for assistance.

Expressing shock over the incident, the mission tweeted two contact numbers 021803899 and 021850033 for those affected.

Minister of State for External Affairs VK Singh tweeted, "India stands with New Zealand in this hour of grief and sorrow and offers its condolences to the bereaved families. The shootout in New Zealand underscores the importance of the global fight to counter terrorism - the world needs to get together and defeat this demon."

Source: firstpost.com

## Mamata Banerjee to be key in 2019 Lok Sabha polls if BJP fails to secure clear majority; TMC hints at her PM aspirations



Kolkata: As she led thousands of hungry and angry farmers on the dusty streets of Singur and Nandigram over a decade ago, defying the mighty Communist regime of West Bengal, little did she know she was on the threshold of scripting history. Mamata Banerjee, the Trinamool Congress (TMC) supremo, might well be at the doorstep of making

history yet again, if the BJP-led NDA fails to secure a majority in the Lok Sabha election, ending up becoming a kingmaker in national politics if not the king. One of the most bitter critics of Prime Minister Narendra Modi and the BJP, she firmly pitched herself as a leader who could act as the glue to unite disparate political parties seeking to oust the NDA from power when she mustered leaders of 23 parties at a rally in Kolkata in January this year. "We would play an important role in the new government formation under the leadership of Mamata Banerjee. The people of this country are looking up to her and TMC to save them from the reign of fear of Narendra Modi," TMC leader in the outgoing Lok Sabha Sudip Bandopadhyay told PTI, indicating that the fiery West Bengal leader has set her sights on New Delhi.

For the 64-year-old, the political journey from the restive streets of Nandigram and Singur in 2007-08, when she waged a relentless battle against the Left Front government, to 'Nabanna', the seat of power in Kolkata, was as captivating as it was punishing.

Though she cut her political teeth as a young Congress volunteer in her student days and rose to become a minister in UPA and NDA governments, it was in the crucible of Nandigram and Singur movements against forcible acquisition of farmland by the Communist government for industrialisation that her destiny and that of the TMC took shape.

Source: firstpost.com



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# France freezes assets of Jaish-e-Mohammed chief Masood Azhar

A joint statement issued by the French interior ministry, finance ministry and foreign ministry added that France would discuss putting Masood Azhar on a European Union list of people suspected of being involved in terrorism.



France has decided to freeze the assets of Jaish-e-Mohammed (JeM) founder and leader Masood Azhar, the French government said on Friday.

A joint statement issued by the French interior ministry, finance ministry and foreign ministry added that France would discuss putting Masood Azhar on a European Union list of people suspected of being involved in terrorism.

Pakistan is under pressure from global powers to act against groups carrying out attacks in India, including Jaish-e-Mohammed, which claimed responsibility for a February 14 attack in Kashmir's Pulwama that killed at least 40 CRPF personnel.

France said it has always been and always will be by India's side in the fight against terrorism. "We will raise this issue with our European partners with a view to including Masood Azhar on the European Union list of persons, groups and entities involved in terrorist acts, based on this decree," the statement said.

France led a latest move to designate Masood Azhar as a global terrorist at the United Nations Security Council with the backing of the US and Britain in the wake of the Pulwama suicide bombing. The move was blocked by China on Thursday, the fourth time Beijing has done so.

Source: hindustantimes.com

## Virender Sehwag rejects BJP offer to contest Lok Sabha election; party leader says ex-cricketer has personal reasons

**New Delhi:** Former Indian cricketer Virender Sehwag has declined the BJP's offer to contest the Lok Sabha polls on party ticket citing personal reasons, a top leader of its Delhi unit said. He, however, asserted that Sehwag's former teammate Gautam Gambhir is "serious" regarding making a foray into politics and may contest the polls from Delhi.

Sehwag's name was under consideration for the West Delhi seat that is currently being held by BJP MP Parvesh Verma. But, Sehwag refused the offer citing personal reasons, the leader said. He said, "Sehwag said he was not interested in politics or contesting elections."

In February, there were reports that Sehwag might contest the polls on BJP ticket from Rohtak in Haryana. But the former India opener had posted on Twitter, "Some things never change, like this rumour. Same in 2014, and no innovation even in Rumour in 2019. Not interested then, not interested now."



In July 2018, Union Minister Rajyavardhan Singh Rathore and Delhi BJP chief Manoj Tiwari had met Sehwag as part of the party's 'Sampark for Samarthan' initiative, giving rise to speculations that he may join the saffron party. The top leader of the BJP's Delhi unit said, "Gambhir has started attending meetings in the run-up to the Lok Sabha polls. He attended one such meeting organised by a resident welfare association in Defence Colony earlier this week." When contacted, Gambhir told PTI, "I have no clue of it. As of now, they are rumours."

After Gambhir announced his retirement from all forms of cricket in December last year, Prime Minister Narendra Modi had sent him a congratulatory letter for his contribution to the sport as well for his efforts to bring "positive difference in the lives of the lesser privileged." "When you announced retirement from all forms of cricket, you left several well-wishers of yours disappointed. However, this decision marks the start of not one but several other innings of your life," Modi had said in the letter.

After his retirement, there was speculation that Gambhir may join politics but he had categorically rejected it at that time. Delhi will go to polls on 12 May. BJP candidates for the seven parliamentary seats in the national capital are expected to be announced in the first week of April.

Source: firstpost.com



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# IALI 's Women Forum welcome spring



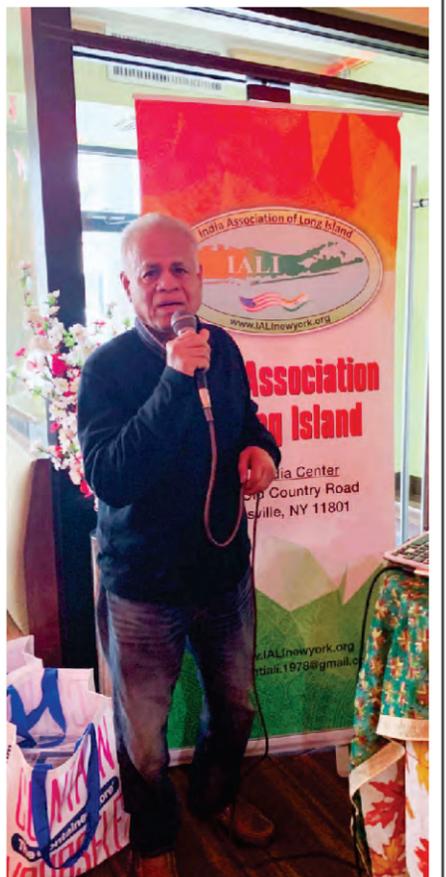
**Jyoti Gupta and Veena Lamba**

*Jyoti Gupta and Veena Lamba capture the show Jyoti has versatile personality perfectly Compare and has sweet voice and sung beautifully with action The whole show runs by great women of IALI 'a Nassau County New York*



IALI - Women's Forum had their 2nd program on March 1st in Lotus restaurant. The theme was ' Welcome Spring' Women's forum chair, Veena Lamba, and her committee members, Sujata Seth, Jag Kalra, Kiran Gupta, Anju Sharma, Sanju Sharma, Rizwana Malik - Were all present. Jag Kalra and Kiran Gupta performed a dance and Jyoti Gupta, our event advisor, sang a duet with Mr Raj Dhingra. We had beautiful poetry by Anju Sharma, The program was attended by 2019 IALI President, Lalit Aery's wife Saroj Aery. Lotus was decorated with beautiful flowers by our Women's Forum committee members. The registration was handled by two wonderful ladies Harsha Padmanabhan, our Senior Chair and Manju Mehta. We had a very useful talk about skin care from 3 ladies who specialize in beauty. We also had raffles (gifts given by our beauticians). It was well attended by 70 ladies, who came to meet their friends and relatives enjoy shopping and eat good food. Lotus served delicious lunch and service was exquisite. Meenu Kumar had lovely stuff and ladies enjoyed shopping. DJ Zee played onderful music for dancing. All this for just \$22 - what a bargain. Special thanks to events Advisor Jyoti Gupta for handling the music with the DJ and Sanju Sharma and some wonderful volunteers for taking good pictures. Please attend our next program on April 14th - we will be celebrating Vaisakhi . More info to be announced.

Source: OP Malhotra (Pune, Maharashtra)



**Raj Dhingra**



# Priyanka Gandhi meets Bhim Army chief Chandrasekhar Azad: A few theories about why this has Mayawati worried

Wednesday's 'apolitical' meeting between Priyanka Gandhi Vadra, Jyotiraditya Scindia and Bhim Army chief Chandrasekhar Azad added some fresh elements to the otherwise stale pre-election narrative in Uttar Pradesh ahead of the Lok Sabha election.

One, it squarely put Congress back in combat mode against the Samajwadi Party-Bahujan Samaj Party (SP-BSP) alliance, after it wasted a lot of time trying to woo those parties for an umbrella alliance against the BJP. Secondly, it brought to the fore Mayawati's discomfort with the rise of a 31-year-old Dalit icon, who has managed to grab eyeballs in national media, and some degree of respect, especially among Dalit youths.

Now, Priyanka meeting Azad to stiff-arm Mayawati after the latter's recent snub to the Congress over alliance concerns is a small victory in a clash of egos - at least

until the Congress manages to bring the entire retinue of Bhim Army supporters to its side.

However, the latter repercussion - ie, Mayawati's discomfort over Azad's rising popularity - will have much deeper consequences in the electoral battle in the state that elects the largest chunk of MPs in the Lok Sabha.

The other 'bua-bhatija' of Uttar Pradesh

There is a marked difference in the way Azad and Mayawati regard each other in public. While the former maintains a careful tone of reverence, at the same time subtly delineating his own image from that of the latter, Mayawati's approach towards Azad has been of carefree disregard. In spite of Azad publicly stating that the Bhim Army's intention is to always complement to the BSP's reach and not oppose it, Mayawati has been anything but accommodative. He is 31; she is 63.



When Azad was arrested in June 2017 after the Shabirpur caste clashes, he was relatively unknown at least in the mainstream media and few people knew about Bhim Army in the vicinity of Saharanpur and the city of Deoband, both in western Uttar Pradesh. Still, the government kept him imprisoned for over a year under the contentious National Security Act.

Mayawati visited the area, offered her sympathy to the Dalits victimised in the clashes and criticised the government for its one-sided crackdown on the lower caste community. Yet, she hardly ever spoke in Azad's favour or demanded his release.

She even called his organisation a fringe outfit, and a BJP stooge acting to weaken the BSP and malign the Dalits. Without naming anybody, she quietly positioned her party's footsoldiers to curtail the growing influence of these 'fringe elements'.

Source: firstpost.com

## Lok Sabha Election 2019: EC says West Bengal has maximum first-time voters, followed by Uttar Pradesh and Madhya Pradesh



**New Delhi:** West Bengal has the maximum number of first-time voters in the upcoming Lok Sabha election, followed by Uttar Pradesh and Madhya Pradesh.

According to Election Commission data, 20.1 lakh first-time voters will be exercising their franchise in West Bengal. Uttar Pradesh and Madhya Pradesh have 16.7 lakh and 13.6 lakh first-time voters, respectively.

The number of people eligible to vote in Lok Sabha polls beginning next month has increased by 8.4 crore as compared to the 2014 general election, and these include 1.5 crore "young voters" who are in the 18-19 age group and would exercise their franchise first time.

Over 1.5 crore voters are in the age group of 18-19 years. These "young voters" constitute 1.66 percent of the total electors.

Rajasthan, Maharashtra, Tamil Nadu and Andhra Pradesh have 12.8 lakh, 11.9 lakh, 8.9 lakh and 5.3 lakh first-time voters, respectively. Delhi has 97,684 first-time voters.

The Lok Sabha elections will begin on 11 April and continue for over a month till 19 May across seven phases. The counting of votes will be held on 23 May, the Election Commission announced on Sunday, kick-starting a mega electoral battle.

Source: firstpost.com



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# Power is Shifting To Buyers in Most California Housing Markets in 2019

High prices still make it difficult to afford a home in many US markets

Zillow is reporting this week that a limited U.S. housing inventory and rapid price appreciation have kept sellers firmly in the driver's seat for several years as the United States recovered from the housing market collapse in 2008. Now, buyers are gaining more negotiating power as the housing market slows, especially in some of the nation's hottest markets.

According to Zillow's Buyer-Seller Index, in 20 of the 35 largest U.S. metros, market conditions favor buyers more than they did a year ago. The index is based on the share of listings with a price cut, how long it takes to sell a home, and the sale-to-list price ratio. By comparing each metro across time, this analysis shows whether the market is cooler (favoring buyers) or hotter (favoring sellers) than it was in the past.

California markets have seen the biggest shift toward buyers since last January, led by San Jose, which has seen the most significant swing. San Francisco, San Diego, Los Angeles and Denver round out the top five markets where buyers will have an easier time navigating the market than they would have in recent years.

Markets That Have Cooled (Ranked in Order of Biggest Cool Down)					Markets That Have Heated Up (Ranked in Order of Biggest Increase)				
Metro	Median Home Value	Listings with Price Cut	Sale-to-List Price Ratio	Days on Market	Metro	Median Home Value	Listings with Price Cut	Sale-to-List Price Ratio	Days on Market
San Jose, CA	\$1,245,800	15.3	97.2%	51	Miami-Fort Lauderdale, FL	\$283,800	16.7	93.9%	99
San Francisco, CA	\$957,400	11.5	98.6%	57	Houston, TX	\$205,500	19.4	94.8%	89
San Diego, CA	\$591,400	21.3	95.7%	75	Pittsburgh, PA	\$143,900	16.8	93.7%	87
Los Angeles-Long Beach-Anaheim, CA	\$652,300	17.4	97.1%	75	Philadelphia, PA	\$232,700	17.9	95.7%	90
Denver, CO	\$405,300	18.1	97.2%	85	St. Louis, MO	\$167,000	16.1	95.7%	76
Dallas-Fort Worth, TX	\$242,600	19.9	96.9%	71	Cincinnati, OH	\$168,900	15.7	95.6%	74
Seattle, WA	\$489,700	15.2	96.6%	77	Cleveland, OH	\$145,600	15.5	94.5%	82
Sacramento, CA	\$408,700	17.3	96.9%	87	Phoenix, AZ	\$264,900	19.2	97.4%	61
Portland, OR	\$397,300	18.8	96.8%	80	Detroit, MI	\$160,000	17.5	94.7%	78
Riverside, CA	\$367,100	17.5	96.7%	83	Indianapolis, IN	\$163,900	17.9	97.0%	70
Las Vegas, NV	\$277,900	22.8	96.9%	69	Orlando, FL	\$237,100	20.4	95.8%	84
Charlotte, NC	\$206,200	16.8	96.9%	71	Baltimore, MD	\$267,900	19.2	96.4%	97
Tampa, FL	\$213,600	23.2	95.6%	75	New York, NY	\$438,300	14.6	95.7%	132
San Antonio, TX	\$192,800	20.0	98.6%	77	Washington, DC	\$406,200	14.8	97.4%	82
Austin, TX	\$308,200	19.1	95.1%	74	Minneapolis-St Paul, MN	\$268,100	14.4	97.1%	74
Kansas City, MO	\$191,600	14.5	98.2%	86					
Boston, MA	\$467,000	15.5	97.1%	74					
Chicago, IL	\$224,800	18.2	94.2%	102					
Columbus, OH	\$189,900	16.5	96.6%	71					
Atlanta, GA	\$217,500	16.1	97.0%	77					

Even though San Jose and San Francisco have cooled exceptionally, they are still the hottest markets compared with others around the country, markets where listings see few price cuts, homes don't stay on the market for long, and sale-to-list price ratios are higher. In these two Bay Area markets, home prices are so prohibitive, the typical buyer must put more than a 20 percent down to keep mortgage payments at or below 30% of monthly household income.

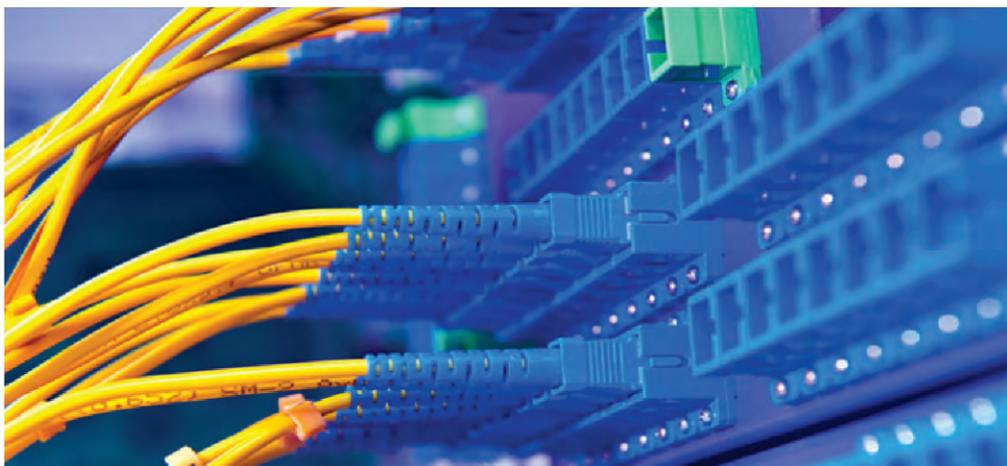
San Jose buyers would need a 49 percent down payment, or \$614,100, nearly three times as much as the national median home value. Buyers in San Francisco (43 percent), Los Angeles (43 percent) and San Diego (31 percent) would also need to put down more than 20 percent.

"It is no surprise that the markets which pushed the bounds of affordability over the housing recovery are now experiencing significant cooling," said Skylar Olsen, Zillow Director of Economic Research. "As down payments and mortgage payments far outpaced incomes, buyer demand eventually exhausted itself. Those buyers looking in cooling markets will likely welcome the relief, although the entry price is still high. Inventory is returning and spending more time on market, meaning their decision making can be made with a cooler head."

While some of the hottest markets slowed down over the past year, others have become more seller-friendly.

Miami - which tends to see large fluctuations - has seen the biggest overall shift toward favoring sellers over the past year, with homes selling about a week faster than they did a year ago.

Source: worldpropertyjournal.com



## Northern Virginia Accounts for 58% of U.S. Absorption in Primary Data Center Markets

According to CBRE's latest U.S. Data Center Trends Report, demand from large cloud users drove U.S. data center leasing to record levels in 2018, providing momentum for new construction in the sector this year.

The seven primary U.S. data center markets saw 303 megawatts (MW) of net absorption in 2018, up more than 16 percent from 2017's then-record total. That absorption nearly eclipsed the 322 MW of capacity added last year. Northern Virginia, the largest data center market in the world, accounted for 58 percent of net absorption in the primary

markets. "We are closely watching supply and demand trends across the U.S. data center market in 2019 and beyond, particularly as data consumption--driven by the adoption of big-data analytics, 5G, gaming, streaming services, edge computing and the internet of things--continues to drive growth," said Pat Lynch, senior managing director, Data Center Solutions, CBRE. "Meanwhile, we've seen robust construction activity as operators try to position themselves to rapidly deliver facilities within users' often-tight schedules."

## U.S. Data Centers Enjoy Record Setting Leasing Year in 2018

### Top U.S. Data Center Markets

Northern Virginia remained the most active data center market, with net absorption of 175.5 MW in 2018. Strong demand has resulted in more than 500 MW of capacity under development in the primary U.S. markets, up significantly from the 228 MW underway at the end of 2017. Northern Virginia accounts for two-thirds of the current construction activity, primarily due to large requirements from cloud users. With 336.9 MW under construction, Northern Virginia's pipeline is larger than the existing inventory of any U.S. data center market.

Other markets with significant construction activity include Phoenix, with 71.4 MW under construction at year end; Dallas-Fort Worth (37.4 MW); Houston (23 MW) and Atlanta (20.9 MW).

### Top 10 Most-Active U.S. Markets

Market	2018 Absorption	Market	2018 Absorption
Northern Virginia	175.5 MW	Southern California	10.3 MW
Phoenix	41.6 MW	Atlanta	8.2 MW
Dallas/Ft. Worth	38.6 MW	Boston	5.7 MW
Silicon Valley	25.1 MW	Denver	4.7 MW
Chicago	10.7 MW	Austin/San Antonio	4.1 MW

Source: worldpropertyjournal.com

## Bharti Singh on how Kapil Sharma changed after marrying Ginni Chatrath: 'Bhai has become very calm and patient'

Kapil Sharma and his show The Kapil Sharma Show have been gaining strength to strength with every passing day. The show which was launched in end-December last year, has been winning the TRP race, much like the previous stints. One of the main reasons for its success has been the turnaround in the life of the show's host, Kapil. Vouching for it is comedian Bharti Singh.

Speaking to Pinkvilla, Bharti, who also features in the show as Titli Bhabhi, said Kapil has become more disciplined. She added how he is always on time at sets now. She was quoted as saying: "He comes on the sets cut to cut, and is always on time. We always finish the shoot on time and I always think that Ginni is very lucky and she is very sweet. She sends food not just for Kapil, but also for all of us." Bharti also appreciated Ginni for the change in Kapil's lifestyle and said, "Ginni is taking great care of



Bharti Singh plays Titli bhabhi in The Kapil Sharma Show.(Instagram)

Kapil, right from yoga to sending him to the gym to boiled vegetables and everything else. Kapil bhai has also become very calm and patient."

Meanwhile, Kapil's show showed an upward swing in January itself, securing fifth position in January 2019. A report from Broadcast and Research Council had placed the show on the fifth position in the first week of 2019.

However, the show hit a road block post the dastardly attack on CRPF convoy in February this year where more than 40 jawans were killed. When asked, Navjot Singh Sidhu, who is a minister in Punjab government and a judge on Kapil's show, had said a nation cannot be held responsible for the acts of terrorists. This led to a huge backlash with people calling for a boycott of the show.



Archana Pura Singh had replaced Sidhu as judge for a few episodes. Clearing the air, Kapil has said at an event in Chandigarh that there was a need to find a solution to the issue of terrorism so that attacks like Pulwama don't happen but such kind of propaganda (to remove Sidhu) was not right. He also added that Archana had to step in as Sidhu was caught up with his commitments.

Source: hindustantimes.com

## Madhuri Dixit on replacing Sridevi in Kalank: 'We used to remember her on sets'



Kalank actor Madhuri Dixit Nene says it was tough and emotional for her to play a role which was to be originally essayed by the late Sridevi.

Madhuri plays Bahaar Begum in Karan Johar's multi-starrer production Kalank. After Sridevi's demise last year, the role was offered to Madhuri. At the film's teaser launch in Mumbai on Tuesday, Madhuri was asked about how she felt on the sets of "Kalank" knowing that the character was supposed to be played by Sridevi. She said: "Firstly, her demise was sad news for us and when I was approached for the role, it was not easy for me. I have immense respect for her. She was a good artiste and a good human being too. To step into the role, when you look into it as an actress, it's a different scenario as you add your own inputs to the character, but we used to remember her on sets as she was a part of the film. Once you start working, you have to move on and do your job... I did that, but missed her too."

Directed by Abhishek Verma, Kalank, featuring Sanjay Dutt, Varun Dhawan, Aditya Roy Kapur, Alia Bhatt and Sonakshi Sinha, is releasing on April 17.

## Varun Dhawan, Alia Bhatt's Kalank teaser inspires hilarious memes, Salman Khan gets caught in crossfire



Twitter doesn't need time to come up with memes, and barely a couple of hours after the release of the Kalank teaser, the internet is flooded with hilarious jokes about the upcoming film. While there's not a lot of dialogue to mine, memesters made the best use of what they had, focussing on Varun Dhawan's line about debts, and Alia Bhatt's line about being distraught.

"Humse zyada barbaad aur koi nahi iss duniya mein (No one in this world is more ruined than I), kissi aur ki barbaadi meri jeet lagti hai (Someone else's loss feels like a victory)," Alia's character says in the teaser, which was unveiled online on Tuesday. Several people joked that this is the sort of statement an engineering student, or evil corporations might make.

Meanwhile, Varun's one line in which he says, "Kuch rishte karz ki tarah hote hain, unhe nibhaana nahi, chukana padta hai. (Some relationships are like debts, you don't maintain them, you repay them.)" Comedian Karan Talwar made a joke at the expense of Salman Khan and his brothers, Sohail and Arbaaz Khan.

Source: hindustantimes.com

## Deepika Padukone, Ranveer Singh leave for London hand in hand and with big smiles.

Ranveer Singh and Deepika Padukone looked completely in love as they were spotted at the Mumbai airport. Check out their pictures.

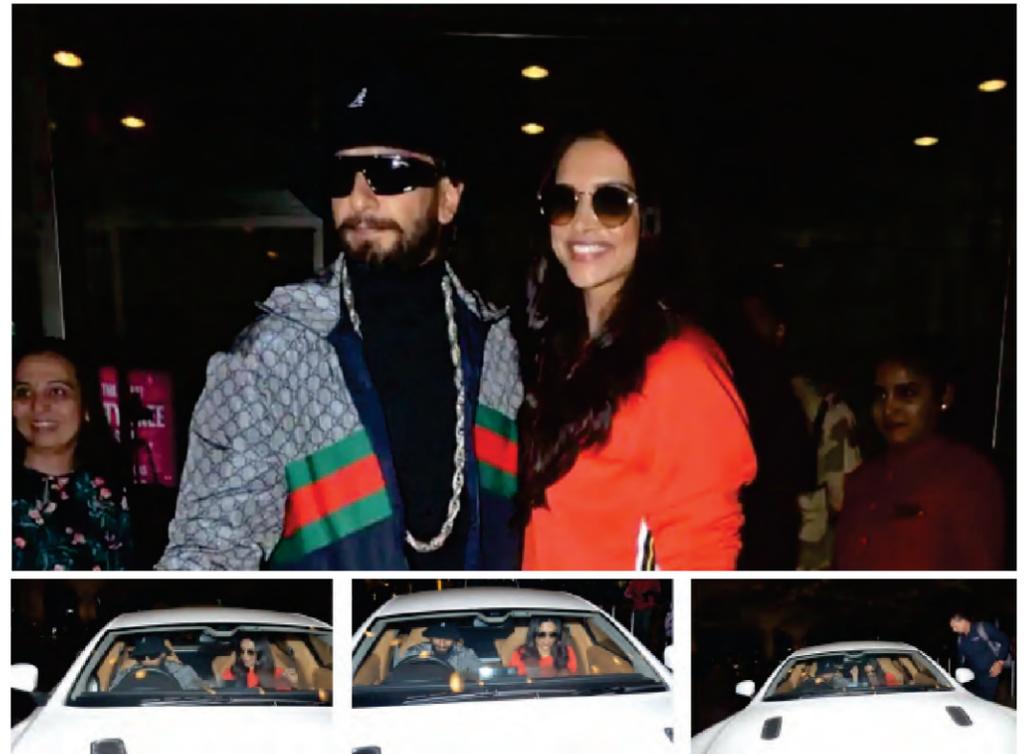
Newly married stars Ranveer Singh and Deepika Padukone flew to London late Tuesday where they will unveil her wax statue at the Madame Tussauds museum. Ranveer drove Deepika to the Mumbai airport where the duo was spotted leaving for London. The couple could not let go of each other's hands at the airport. While Ranveer is still rocking the rapper vibe, Deepika wore an orange track suit.

Both Ranveer and Deepika are at a career high – while Deepika is one of the most bankable female actors with films like Padmaavat, Ranveer also continues to prove his mettle, the latest example being Gully Boy. Both Deepika and Ranveer are at a stage at which they are being appreciated by



critics and are also proving to be profitable bets for their producers at the box office.

Recalling the moment when he won the Filmfare Best Actor award for playing Peshwa Bajirao in the 2015 film Bajirao Mastani, Ranveer had told the media, "That was the most magical night. Deepika, my wife, won on the



same night for Piku, so to win with her in the same year was very special for me, special for our whole family who were present there. Rekha ji gave me the award and you know who was sitting in the first row? The man I wanted to be growing up, Amitabh Bachchan. I could not ask for more. I was an absolutely unforgettable moment and it's etched in my mind, my heart forever and ever."

On the work front, Ranveer is currently training for Kabir Khan's next film titled '83 under the guidance of Kapil Dev and Balwinder Singh Sandhu. He will play Kapil in the film that revolves around India's first cricket World Cup win in 1983. Deepika is working on Meghna Gulzar's Chhapaak in which she will essay the role of acid attack survivor Laxmi Agarwal.

by: hindustantimes.com

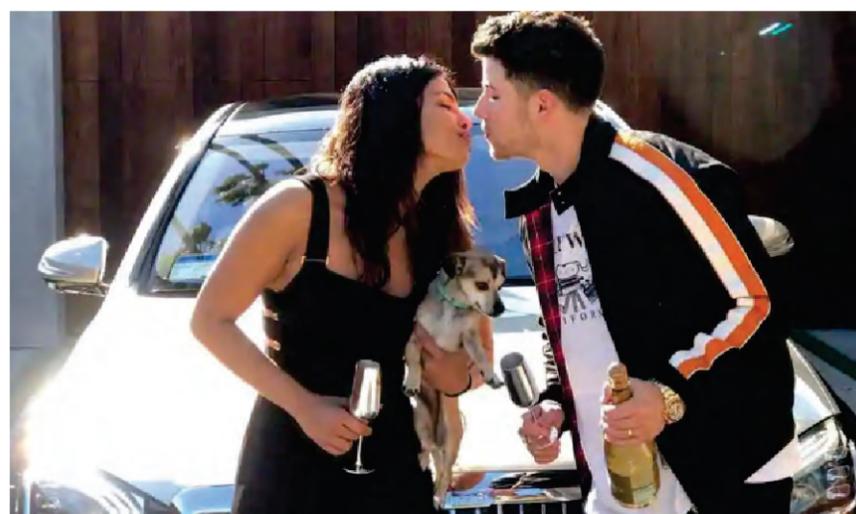
## Nick Jonas gifts Priyanka Chopra a Maybach, she names it Extra Chopra Jonas

Priyanka Chopra got a brand new car from husband Nick Jonas and she even gave it a name. Check it out.

Actor Priyanka Chopra is being spoiled by her singer husband Nick Jonas and loving every minute of it. She is back in America after a shooting a schedule of her Hindi film The Sky Is Pink and attending Akash Ambani's wedding. Upon reaching her second home in Los Angeles, she found a great new surprise waiting for her, the luxurious Maybach car.

Jonas Brothers' comeback single Sucker has reached the #1 spot on the Billboard Hot 100 and to celebrate it, he gifted his wife a brand new car and Priyanka couldn't be happier. "When the hubby goes number one.. the wifey gets a @maybach !! Introducing.. Extra Chopra Jonas.. haha .. I love you baby!! Yaaay! Best husband ever," she captioned a picture of the two with their new car, her dog Diana and some champagne.

Their fans had hilarious reactions to the pic. "You're welcome! From every Jonas Brothers fan throwing their money at this comeback," wrote a fan. "Your loss Priyanka. If you were with me you'd got a nice old skool Nissan Micra," wrote



another. "One time my bf got a raise and he bought me Taco Bell. Best day ever," commented another.

The Jonas Brothers—Nick, Joe and Kevin—released their comeback single last week and it became an instant hit with their fans, who had been waiting for new music since the band split four years ago. The music video for Sucker is shot in England and features the life partners of all three brothers—Priyanka, Danielle Jonas and Sophie Turner.

Priyanka gave a shout out to the three for making it to the top of the charts. She shared a link of the article on billboard.com. She tweeted on Monday: "The Jonas Brothers debut at No. 1 on Billboard Hot 100! OMG! I Could not be more proud of you



View More on Instagram

800,534 likes  
priyankachopra

So good to come home to this! I'm so proud of u baby. ❤️❤️❤️ @nickjonas @joejonas @kevinjonas @jonasbrothers  
view all 1,505 comments

guys (screaming inside)... Nick Jonas, Kevin Jonas and Joe Jonas." According to Billboard.com, the trio (Nick, Kevin and Joe) had previously reached a number 5 high with Burnin' Up in 2008.

by: hindustantimes.com

# Shannen Doherty On How Breast Cancer Changed Her Body and How She Learned to Love It Again

*After a journey through breast cancer and a tough reconstruction process, the actress tells us about how it affected her relationships, learning to love her body again, and her goals for the future.*

If you had looked at Shannen Doherty's life a few years ago, you would have seen something pretty darn idyllic. Through years of hard work and indelible roles on Beverly Hills, 90210 and Charmed, she had established herself as a talented and respected Hollywood actress, and she had found love and settled down with photographer Kurt Iswarienko. Then, in 2015, she was diagnosed with breast cancer, and her world dramatically changed. Shannen immediately swung into action, and what followed was a whirlwind. "It's been eye-opening, enlightening, and hard," she admits. "There were definitely dips and valleys where I thought, 'God, I wish this were easier.'" Her initial attempts at fighting the cancer cells with hormone therapy proved to be ineffective, as the disease had spread to her lymph nodes. So in May 2016, Shannen had a single mastectomy, followed by grueling courses of chemotherapy, and then radiation. About a year after radiation was complete, she underwent an intense reconstructive surgery. Now, "I'm in remission," explains Shannen, 47, "but I'm still not done with this journey. Every five years [cancer-free] is

another milestone." Nonetheless, she is brimming with strength, positivity, and even gratitude for the disease that threatened to end her life. "As brutal as it was, cancer was a gift," she says. "It opened me up, it taught me about myself, and it changed me as a human being forever."

## Going back, what do you remember about your initial diagnosis?

There was a lump, and I had a mammogram and then a biopsy. When I got the results, I was in the car with my mom and I just knew. The longer I sat, the more it started sinking in. Then I started crying. I called my husband and told him. And from there, I just put together a team—including L.A.-based surgeons Dr. Armando Giuliano and Dr. Jay Orringer and oncologist Dr. Lawrence Piro.

## What made you decide to be so candid about everything on social media?

It was just about being as honest as possible. And then it became very important to me that I was there for people who were going through it. I would never give medical advice because I'm not a doctor, but I would always say, "Advocate for yourself." And also, I get a little less trolls and haters on social media now, so that's good. I think because cancer stripped me of my defense mechanisms, it allowed people to see all sides of me.



Source : health.com

## More Young Women Are Having Heart Attacks. This Might Be Why

*The proportion of heart attack-related hospitalization rates for women ages 35 to 54 increased from 21% to 31% over the last two decades, and doctors are worried.*

Over the past 40 years, doctors have gotten a lot better at treating heart disease. In the 1960s, it wasn't unusual for adults to die or become severely disabled from heart attacks in only their fifth or sixth decade of life. And while heart disease is still the number-one killer in the United States, it's also no longer a guaranteed death sentence, thanks to newer medications, improved surgical techniques, and better understanding of the disease.

Society as a whole has also gotten better at preventing heart disease. A 2018 study in the journal *Circulation* found that the overall rate of heart disease in the U.S. had declined 38% this link opens in a new tab since 1990. Other developed countries have seen even greater reductions.

But these improvements haven't benefited everyone equally—and one new study shows a troubling trend among young people, and young women, in particular. When researchers looked at hospitalization rates for heart attacks this link opens



in a new tab between 1995 and 2014, they found that those numbers had steadily increased among people ages 35 to 54. More specifically, hospitalization rates remained relatively stable among men in this age group but increased significantly (from about 21% to 31%) among women.

The findings, published last month in *Circulation*, aren't the first to suggest that young women are being left behind when it comes to advancements in heart disease treatment and prevention. Now, doctors are trying to figure out why.

## Disturbing heart trends for young women

Scientists can't say for sure what's causing an increase in heart disease among young women, but they do have some ideas. Last month's study found that not only had hospitalization rates for heart attacks increased among young people since 1995,

but that hypertension and diabetes rates had increased as well. The young women in the study were also more likely to be black than the young men, suggesting that heart disease is hitting young black women especially hard.

The study didn't look at patients' body mass indexes, but co-author Melissa Caughey, PhD, a research instructor at UNC School of Medicine, notes that hypertension and diabetes tend to be associated with obesity.

"We know that there's an obesity epidemic going on in the United States, and we know that women—especially black women—tend to have higher obesity rates than men," Caughey tells Health. "It may be that these are actionable areas where physicians could do better to manage risk factors in these high-risk patients."

Another interesting finding was that, compared to the young men in the study, the young women were less likely to have previously been treated for conditions like high blood pressure, high cholesterol, or stroke. This suggests that women are being under-treated this link opens in a new tab for heart disease risk factors, wrote Viola Vaccarino, MD, PhD, an epidemiologist at Emory University, in a commentary published along with the study. Prevention guidelines may also underestimate risk among this age group, she added.

Source : health.com

# Lemon-Herb Shortbread Cookies

## INGREDIENTS

1/2 cup turbinado sugar, divided

1 1/2 cups (about 5 1/4 oz.) almond meal

1 cup (about 4 1/4 oz.) all-purpose flour

3/4 cup (6 oz.) unsalted butter, at room temperature

2 teaspoons lemon zest, plus

1 Tbsp. fresh juice (from 2 lemons)

2 teaspoons poppy seeds

1 teaspoon chopped fresh thyme

1/4 teaspoon fine sea salt

These surprisingly sophisticated cookies are made with less butter than traditional shortbread, and almond flour replaces some of the refined white flour for extra nutrients. Get a head start by making the dough up to a month ahead and freezing it. Serve these cookies on their own, or as part of a pretty post-dinner spread with fruit, nuts, and dark chocolate.



### How to Make It

**Step 1 :** Process 1/4 cup of the turbinado sugar in a food processor until sugar begins to look like fine sand, about 1 minute. Add almond meal, flour, butter, lemon zest, lemon juice, poppy seeds, thyme, and salt to processor. Process until dough just comes together, about 30 seconds. Separate dough into 2 equal portions; roll each portion into a 9 x 1 1/2-inch log, and wrap each log tightly in plastic

wrap. Freeze at least 2 hours or overnight.

**Step 2 :** Preheat oven to 300°F. Line rimmed baking sheets with parchment paper. Place remaining 1/4 cup turbinado sugar on a plate; roll dough log in sugar to coat evenly. Slice 1 log into 32 (1/4-inch-thick) slices. Place cookies 1 inch apart on lined baking sheets. Bake in preheated oven until golden, about 20 minutes. Remove from oven, and let cool 5 minutes on baking sheets. Transfer to wire racks to

### Nutritional Information

- Calories per serving 197 • Fat per serving 14g
- Cholesterol per serving 23g • Fiber per serving 2g
- Protein per serving 3g • Carbohydrates per serving 16g
- Sugar per serving 8g • Sodium per serving 40mg

Source : health.com

## YOUR NEW ALLERGY SURVIVAL GUIDE



Feel like allergies are getting worse? Here's the surprising reason why, and how to reduce allergy symptoms.



### It's getting worse

Every year, sneeze sufferers swear: "This is the worst allergy season ever." And they're right. "Pollen levels are increasing, pollen seasons are getting longer, and more people are developing allergies," says Estelle Levetin, PhD, chairwoman of the aerobiology committee for the American Academy of Allergy, Asthma & Immunology.

In the United States, nearly 8% of adults 18 and over suffer from seasonal allergies—that's nearly 18 million people.



### Sneezes from the seasons

While spring and fall allergies cause the same symptoms (sneezing, itchy eyes, and runny nose), their triggers are different.

Spring allergies, which run from February to late July, are brought on by pollen from trees, grasses, and weeds. Fall allergies go from mid-August through the first autumn frost, and are chiefly set off by pollen from the ragweed plant, mold, and dust mites.

Read on to learn what's making both seasons so unbearable—and the best ways to survive them.



### Pollution doesn't help

Spring allergies now start sooner and fall allergies end later, thanks to global warming, says Jeffrey G. Demain, MD, director of the Allergy, Asthma & Immunology Center of Alaska.

We're using more carbon-based fuels, generating greenhouse gases that trap heat from the sun in our atmosphere. This makes temperatures rise, prompting plants and trees to flower—and release pollen—earlier each spring; in the fall, they delay the death of ragweed plants from frost, extending the pollen season, explains Levetin.

End result: "Fall" allergies may go practically into winter.



### There's more pollen than ever

Higher amounts of carbon dioxide not only kick-start pollen production, they also boost the amount of pollen each plant generates, too—especially in urban areas, where the gas is more plentiful. To add insult to injury, CO2 is making pollen more potent, too.

"There's more allergen now in each grain than there used to be," Dr. Demain says. And pollen isn't the only allergen on the rise. Increasingly balmy temperatures mean more moisture in the air, which creates mold.

"The higher temperatures and gas may increase not just the growth of mold but also its spore production—which is how it distributes allergens—both indoors and out," Dr. Demain says.

Source : health.com

# DILIP CHAUHAN INTRODUCES INDIAN HERITAGE

The evening began with an announcement by the Emcee. "Today's memorable event is a brainchild of Dilip Chauhan, the President of New York South Asian Chamber of Commerce. He has in a very unique and sophisticated way weaved this program to a grand success," he said, inviting Dilip Chauhan, along with Raj Shah, Indian Deputy CG Shatrughna Sinha, Ruchika Chauhan, Roopa Sridhar and Anil Shah to lit the traditional lamp.

After the Indian diplomat was joined by the prominent Indians in the lighting of lamp amid chanting of mantra, the Emcee called on the audience to observe 30-seconds silence in the memory of the martyrs of the recent terror attack at Pulwama in Jammu & Kashmir.

Then Dilip Chauhan was invited by the officials to address the august gathering in the arena. "It is an honor and privilege to welcome and greet you at the First Indian Heritage Night in Nassau County. India's culture is rich, colorful and vibrant. We are delighted this evening to offer a taste of our heritage, our dance, costumes, traditions, purely to share with you and enjoy. It is my privilege to introduce you to the Organizer of Indian Heritage Night. Please welcome my co-chair Raj Shah and the Indian American Advisory Committee for putting this event together. Thanks to more than 20 Indian American Organizations for your support, honored guests and media," Dilip Chauhan said in his opening remarks. "Today is indeed a very special and inspiring day for Indians in Long Island as we are celebrating the India Heritage Night at the Prestigious Nassau Coliseum," he added.

Dilip Chauhan also used his speech as an opportunity to make an important appeal as he asked people to register themselves to vote. "I also wish to appeal to each of you. This is something very personal to my heart. Each and everyone, if you are not registered to vote, please register to Vote. And if you are already registered, please make sure you cast your vote. Please remember 'If you don't vote you lose a right to complain'," he said. "God bless America and India."

In his address to the gathering, the Deputy Consul General of India said that it was a great venue to showcase rich heritage of India. "This kind of activities makes our relationship stronger. The beauty of this event is such a large number of children and youth participation said Shatrughna Sinha.

During the Prime Time, regional folk dances of India and Bollywood by young children as well as women groups were performed. The first performance was done by Arya Dance Academy. It was followed by a performance by the Nartan Rang Dance Academy. The game ball deliver ceremony was performed by the Winner of 2018 Miss Teen Bharat New York, Kahini Chauhan.

At the half-time, there was a 6-minute performance by the Navatman Indian Art Institute. "Let us applaud Nartan Rang Dance Academy, Arya Dance Academy and Navatman Art Institute for their immense support in making this event possible," said Dilip Chauhan in his address.

"It is central to our core value system as the Long Island Nets to be 'More Than A Game,' and to provide a platform of diversity and inclusion for our community," said Alton Byrd, VP of Business Operations, Long Island Nets. "We are pleased at the success of our first collaborative effort to bring Indian Heritage Night to life at a Long Island Nets game for



**Dilip Chauhan**  
Deputy Comptroller Nassau County New York



**Dilip Chauhan (Deputy Comptroller) and Raj Dhingra (Media Personality)**



the first time ever." It was an historic event for the Indian community which has grown manifold in Nassau County in the past few years. Dilip Chauhan has been instrumental in injecting community professionals in the local administration. Also, working with community, Dilip Chauhan has been championing the cause of "Be counted" with register and vote because as the community gets empowered. In a show of the community's growing footprint in the social



sector, Sudhir Vaishnavi was honored for his contribution to the community in last three decades who has served many leading NGOs promoting India.

Co- Chair Raj Shah applauded community participation to make this event grand success grand success.

The event was hosted by Indian American Advisory Committee of NYCB LIVE's Nassau Veterans Memorial Coliseum and members names are – Raj Shah, Hiren Chauhan, Sreedhar Shanmugam, Hitesh Patel, Amita Karwal, Dr. Sheetal Desai, Bina Kothari, Roopam Maini, Ragini Srivastava, Dr. Himanshu Pandya, Farah Vaswani, Jay Shah, Mahavir Chavda, Neil Trivedi, Rajeev Chaudhary, Raksha Parekh, Sanjay Sura, Sudhir Vaishnav, Roopa Sridhar, Rajeev Modi, Rizwan Querishi, Rajiv Mody, Harry Malhotra, Swati Vaishnav.

## Lok Sabha Election 2019:

Criticism of poll dates coinciding with Ramzan shows Opposition keener on making excuses for failure than beating BJP



The Election Commission's announcement of dates for the Lok Sabha election 2019 has officially announced the greatest show on earth. The numbers are mind-boggling. According to the Chief Election Commissioner, the seven-phase elections that kick off from 11 April (before results are announced on 23 May), will involve 900 million voters.

That's 85 million more than 2014 and includes 15 million new voters. Quite naturally, for an electorate of this size — not to speak of the complexity — political parties that have national ambitions either search for one big idea or a set of ideas that have cross-voter appeal or seek to make tactical alliances to share power through coalition politics.

The BJP's dominance on national stage as a political party, expansion of footprint, consolidation of power and even ideological ascendancy will be tested at the electoral hustings. While accounting for the realities of anti-incumbency and the gaps between promises and achievements that dog any ruling party — more so if its route to power was paved by sky-high expectations — Narendra Modi-led BJP still looks a shoo-in. Opinion poll predictions are frequently wrong, but a clutch of surveys may provide us with a useful trend.

According to three recent surveys, the BJP-led NDA may fall short of the highs of 2014 but it may comfortably be able to retain power, even if BJP fails to get simple majority on its own. According to CVoter-IANS survey done in March, the NDA may bag 264 seats and require a post-poll alliance to seal power. It should not be too difficult. The Congress-led UPA is projected to get 141. The CVoter survey also pegs BJP's seat count at 220 and Congress' at 86.

Source: firstpost.com

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## "Modi destroying termite ridden old Banyan tree" -Mark Tully on Modi



Mark Tully the BBC correspondent for India for many decades writes about changes happening in MODI'S regime.

In his Book "No Full Stops in India," while discussing about change writes -In India change takes a lot more time. The birth will be slow and perhaps painful. I believe it could be the birth of a new order which is not held up by the crumbling colonial pillars left behind by the Raj but is GENUINELY Indian ; a GC modern order, but "not a slavish imitation of other modern orders".

He goes on to say that – “For all its great achievements, the Nehru dynasty has stood like a Banyan tree, overshadowing the people and the institutions of India, and all Indians know that nothing grows under the Banyan tree”.

As Mark said , Change will be slow and painful, therefore for someone who doesn't read and makes judgement based on perception will for quite some time not be able to see the change taking place or will pretend as if nothing is changing.

The way changes are coming in Railways, Power sector, Defense Production and in governance and at the same time accompanied by the resentment of the old forces indicate that the process of change has begun albeit slowly but firmly and is going to be painful.

Let us not undermine the capabilities of this termite ridden old Banyan tree which will still try its best to stop any one growing to the extent that it may even turn the soil upside down before falling down.

For a year or so we may witness more of Dadris, more of Kaniyahs, more of Owaisi style shouting but finally if the Society keeps its cool, acts maturely and continues to perform we will sail through and the old forces will die a natural death.

LET ME ADD to this - every day the new stir media throws in your face is all doctored by forces who wish to topple Modi Govt as Modi has uprooted them and they are like fish out of the water.

The time has come to continue to support the man and keep your faith intact and we will see new India for sure - bigger, better, stronger, corruption free , peaceful , prosperous than ever before with people having better quality of life..

- Mark Tully.

Source: OP Malhotra (Pune, Maharashtra)

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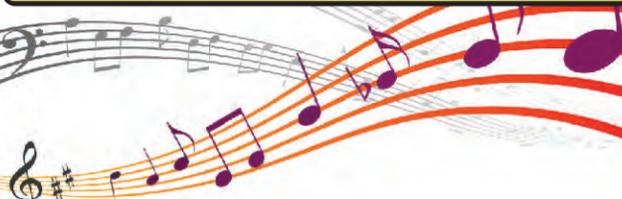
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